

solutions to  
**DUMBELLS**  
**Worksheet 1**

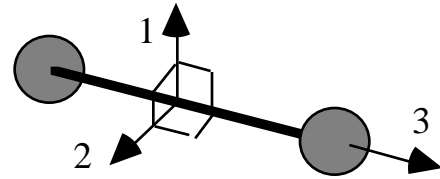
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## A. CALCULATION: SIMPLE DUMBBELL

A uniform rod of mass  $m$ , length  $L$  and diameter  $d$  connects the centers of two spheres, each of mass  $M$  and radius  $R$ .

The spheres have a uniform density  $\rho$ , and the diameter of the rod is much less than the radius of the spheres,  $d \ll R$ .



A coordinate system with 3 orthogonal axes has its origin at the center of the rod. The third axis of the coordinate system coincides with the direction of the rod.

### A.1. Longitudinal axis.

Find the moment of inertia about the longitudinal axis (axis 3 in the drawing)

The density of the rod is  $\rho_{\text{rod}} = \frac{m}{\text{volume}} = \frac{m}{(d/2)^2 L}$ .

The density of the sphere is  $\rho = \frac{M}{\text{volume}} = \frac{M}{\frac{4}{3} R^3}$ .

For the rod, choose cylindrical coordinates with  $z$  along the length of the rod:

$$I_{\text{long}} = \int_{-L/2}^{L/2} \int_0^{d/2} \int_0^{2\pi} r^2 \rho_{\text{rod}} r dr d\theta dz = L \int_0^{d/2} \int_0^{2\pi} \frac{1}{2} r^3 d\theta = \frac{md^2}{8}$$

For each sphere, choose spherical coordinates with  $\theta = 0$  along the  $z$  axis:

$$I_{\text{long}} = \int_0^{2\pi} \int_0^{\pi} \int_0^R r^2 \rho \sin\theta r^2 dr d\theta d\phi = 2 \int_0^{\pi} \int_0^R r^4 \sin\theta d\theta = 2 \int_0^{\pi} \left( \frac{1}{5} R^5 (1 - \cos\theta) \right) d\theta = 2 \left( \frac{1}{5} R^5 (2) \right) = \frac{2}{5} MR^2$$

Altogether,  $I_{\text{long}} = I_{\text{long}}(\text{rod}) + 2I_{\text{long}}(\text{sphere}) = \frac{1}{8} m d^2 + \frac{4}{5} M R^2$

## A.2. Transverse axes

Find the moment of inertia about each of the transverse axes (axes 1 and 2).

The moments will be the same, by symmetry:

nothing happens if we relabel the axes 1 and 2.

For the rod, use the same coordinates, but now  $r = \sqrt{y^2+z^2} = \sqrt{(r \sin \theta)^2+z^2}$ :

$$I_{\text{trans}} = \int_{-L/2}^{L/2} \int_0^{d/2} \int_0^{2\pi} r^2 (r) r dr d\theta dz \text{ rod}.$$

Integrating term by term, we find

$$\begin{aligned} I_{\text{trans}} &= \int_{-L/2}^{L/2} \int_0^{d/2} \int_0^{2\pi} \sin^2 \theta r^3 dr d\theta dz \text{ rod} + \int_{-L/2}^{L/2} \int_0^{d/2} \int_0^{2\pi} z^2 r dr d\theta dz \text{ rod} \\ &= L \frac{1}{4} \frac{d^4}{2} \text{ rod} + \frac{2}{3} \frac{L^3}{2} \frac{1}{2} \frac{d^2}{2} \text{ rod} \\ &= m \frac{1}{16} d^2 + \frac{1}{12} L^2. \end{aligned}$$

For the sphere, the moment is the same about every axis **through the center**, by symmetry, because every direction is the same:

$$I'_{\text{trans}} = I'_{\text{long}} = I_{\text{long}} = \frac{2}{5} MR^2.$$

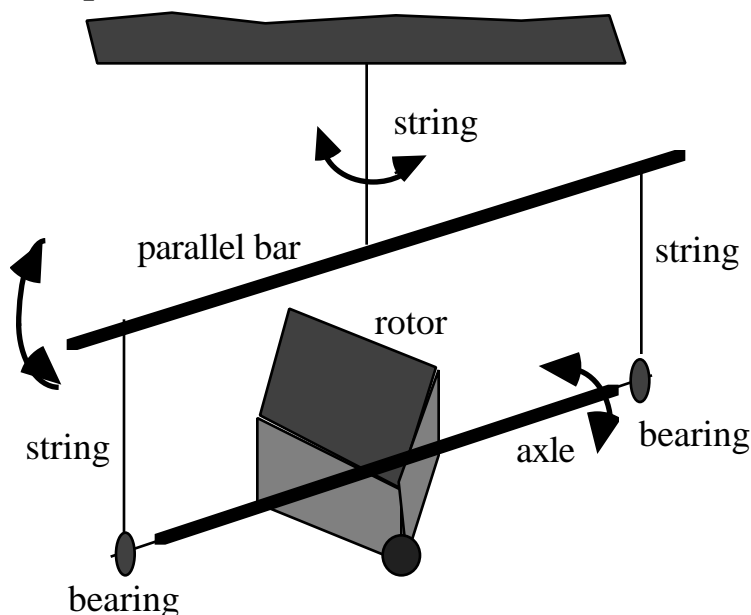
But the center of each sphere is a distance  $\frac{1}{2}L$  from the center of the rod, so

$$I_{\text{trans}} = I'_{\text{trans}} + M \frac{L}{2}^2 = M \frac{1}{4} L^2 + \frac{2}{5} R^2.$$

Altogether,

$$\begin{aligned} I_{\text{trans}} &= I_{\text{trans}}(\text{rod}) + 2I_{\text{trans}}(\text{sphere}) = m \frac{1}{16} d^2 + \frac{1}{3} L^2 + 2M \frac{1}{4} L^2 + \frac{2}{5} R^2 \\ &= L^2 \frac{m}{12} + \frac{M}{2} + R^2 \frac{4M}{5} + \frac{d^2}{2} \frac{m}{4}. \end{aligned}$$

## B. Application: trapeze with axle



Find approximate numerical values for the inertial tensors of:

### B.1. The axle and its bearings

The key observation here is that  $d/2$  and  $R$  are both much less than  $L$ : the rod is much longer than its radius, or the radius of the sphere. Because of this, the terms proportional to  $R^2$  or to  $(d/2)^2$  are smaller the terms proportional to  $L^2$ , by a dimensionless factor  $(R/L)^2$  or  $(d/2L)^2$  which is much less than 1.

The transverse moments are then approximately  $L^2 \frac{m}{12} + \frac{M}{2}$ ,

and the longitudinal moment is  $\frac{1}{8} m d^2 + \frac{4}{5} M R^2$ .

$$L = 80 \text{ cm}, m = \frac{80}{83} \times 21 \text{ g} = 20 \text{ g}, M = \frac{1}{2} (30 \text{ g} - 20 \text{ g}) = 5 \text{ g}, R = \frac{d}{2} = 0.4 \text{ cm}$$

$$I_{trans} = (80 \text{ cm})^2 \frac{20 \text{ g}}{12} + \frac{5 \text{ g}}{2} = 2.7 \times 10^4 \text{ g cm}^2,$$

$$I_{long} = \frac{20 \text{ g}}{2} + \frac{4 \times 5 \text{ g}}{5} (0.4 \text{ cm})^2 = 2.2 \text{ g cm}^2 \ll I_{trans}$$

$$I = \begin{pmatrix} 2.7 \times 10^4 & 0 & 0 & 0 & 0 \\ 0 & 2.7 \times 10^4 & 0 & 0 & 0 \\ 0 & 0 & 2.2 & 0 & 0 \\ 0 & 0 & 0 & 2.7 \times 10^{-3} & 0 \\ 0 & 0 & 0 & 0 & 2.2 \times 10^{-7} \end{pmatrix} \text{ g cm}^2 = \begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 2.7 \times 10^{-3} & 0 \\ 0 & 0 & 0 & 0 & 2.2 \times 10^{-7} \end{pmatrix} \text{ kg m}^2$$

**B.2 The upper crossbar of the trapeze** with the strings wound onto its ends.

The same result holds as for **B.1**.

$$L = 83 \text{ cm}, m = 21 \text{ g}, M = 0.5 \text{ g}, R = 0.4 \text{ cm}$$

$$I_{trans} = (83 \text{ cm})^2 \left( \frac{21 \text{ g}}{12} + \frac{0.5 \text{ g}}{2} \right) = 1.4 \times 10^4 \text{ g cm}^2,$$

$$I_{long} = \left( \frac{21 \text{ g}}{2} + \frac{4 \times 0.5 \text{ g}}{5} \right) (0.4 \text{ cm})^2 = 1.7 \text{ g cm}^2 \ll I_{trans}$$

	$1.4 \times 10^4$	0	0	$1.4 \times 10^{-3}$	0	0
$I =$	0	$1.4 \times 10^4$	0	0	$1.4 \times 10^{-3}$	0
			g cm <sup>2</sup> =			kg m <sup>2</sup>
	0	0	1.7	0	0	$1.7 \times 10^{-7}$